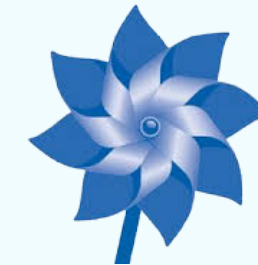


CELEBRATE CHILDREN 2021

(APRIL IS CHILD ABUSE PREVENTION MONTH)



SUN	MON	TUE	WED	THU	FRI	SAT
				Tell your child you love them every day!	Make or color a pinwheel	Take a walk or go on a bike ride with your child
Praise your child for everything they do good	Go for a nature walk together & look for signs of spring	Make cards & send them to friends & family to stay connected	Establish a daily routine so your child knows what to expect	Explore online safety videos https://www.netsmartzkids.org/	Have a family game night	Take a virtual zoo or museum tour (many zoos and national parks have live cams)
Play a board game or complete a puzzle with your child	Call someone when you feel stressed, overwhelmed, or sad	Make a list of items and send the kids on a home hunt to find them all	Ask your child who is important to them and why	Make your child breakfast for dinner	Make popcorn and have a movie night	Visit PBS.org or National Geographic Kids for games and videos/stories
Give your child 5 hugs today	Share your phone # so people have someone to talk to if they get lonely	Teach your child to resolve conflict peacefully	Take your child to a playground or nearby park	Dial 2-1-1 to find organizations that support families in your area	Make a tent in the living room with blankets and pillows	Watch the sun go down together and wish upon a star
Ask your child to Tell you one thing they wish for and why	Cook or bake together	Chalk the Walk (see pg.2)	Tell your child what makes them special to you	Read with your child	Play music and dance together	